Examination Under Anaesthesia

Botox of the Anal Sphincter

Postoperative Instructions

HOSPITAL STAY: Examination under anesthesia and botox of the anal sphincter for treatment of anal fissure is usually an outpatient surgery and, after you urinate, you will be released to go home.

PAIN CONTROL: Once you are discharged, you will have oral pain medications (Percocet or Vicodin) and a stool softener. Please be aware that these pain medications contain Tylenol. If you are taking these medications do not take Tylenol in addition as you may exceed the safe dose of acetaminophen. You should also do SITZBATH (sit in a warm bath of water for 20 minutes) 3 times a day and after each BM for the first week, at least. This will typically help with the pain more than the narcotic medications.

SHOWERING: You may shower immediately after surgery. Do not go swimming or use a hot tub until your anus is completely healed.

RESTRICTIONS: You must not strain, lift, push or pull more than 10 lbs for 2 weeks after surgery.

CONSTIPATION: If you become constipated, you will traumatize your anus and the fissure will not heal. It is safe to take miralax (laxative) daily, which can be purchased over the counter at the pharmacy. If this is not sufficient, please call our office. Do not use an enema or suppository as it will traumatize the area of the operation. These measures are usually not necessary if you take the prescribed stool softener twice daily.

FOLLOW UP: Please call the office to make an appointment to be seen 4-6 weeks after your surgery. If there was anything removed at the time of surgery, the doctor will review your pathology results with you at that time.

CALL YOUR SURGEON IMMEDIATELY OR COME IN TO BE SEEN AT OUR CLINIC, AMBULATORY CARE, OR THE EMERGENCY ROOM IF YOU HAVE ANY OF THESE SYMPTOMS:

FEVERS (>101 F, 39 C) OR CHILLS

INCREASING PAIN

NAUSEA AND/OR VOMITING

INCREASING ABDOMINAL SWELLING

IF YOU ARE UNABLE TO EAT OR DRINK

DIARRHEA or CONSTIPATION

COUGH OR SHORTNESS OF BREATH

REDNESS OF THE WOUND

DRAINAGE FROM THE WOUND

IF YOU HAVE ANY OTHER CONCERNS

CALL US ANY TIME WITH QUESTIONS OR CONCERNS

WEEKDAYS 8AM-5PM: 408-278-3650

WEEKENDS AND AFTER HOURS: 408-345-9700 – ASK TO HAVE DR. IKOSSI PAGED OR TO CONTACT HER BY CELLPHONE.